

**Bishop Lovett C E Middle School**  
**COMMUNITY WELL BEING WEEK**



**March 15<sup>th</sup> – 19<sup>th</sup>**  
**2010**

Throughout this week the school will be holding a series of workshops and activities to promote social and emotional aspects of learning and developing our links with the community. Please see below for some of the details.

**JUST SAY NO - Year 6 and Year 8**

In this session we will be discussing health and hygiene during puberty, and drug awareness issues. This will be run by the School Nurse. Please contact Lucy Boynton (PSHE Co-ordinator) if you do not want your child to take part in this session. The School Nurse will also be delivering assemblies to all students regarding basic cleanliness and hygiene.

**PARENTAL PARTICIPATION**

The school would like to invite parents / carers to participate in the following:

**INTERNET SAFETY EVENING.**

**Thursday 11<sup>th</sup> March 7-8.30** (Reminder) Please inform the school if you wish to attend (No Children)

**YOGA.**

Parents / carers of children in any year are invited to join their children for an after school Yoga club on Tuesday 16<sup>th</sup> or Thursday 18<sup>th</sup> March from 3-4pm 40 places available (20 per session) – First come first served.

**KNIFE AND FIREARMS SESSION.**

Year 5 / 6 – All Parents - Hampshire Police will be delivering a Knife and Firearms session on Thursday 18<sup>th</sup> March 9.40 to 10.40am in the hall

**SPORTS RELIEF MILE**

On Friday 19<sup>th</sup> March 1-2.30pm All Parents /carers of children in any year are invited to either join their child/children to complete a mile or two for sports relief or to come along and simply enjoy the spectacle. (Parental/carer sponsor forms are available from the school).

**CYCLING WORKSHOPS for year 6 and 8 pupils**

On Wednesday 17<sup>th</sup> March all year 6 children will be taking part in a cycling proficiency and safety session. On Thursday 18<sup>th</sup> March this will be delivered to year 7 pupils. Year 8 pupils will have a cycling safety and maintenance session. If your child has a bike we would appreciate it if they could bring it along on the day. However we will have a very limited amount of spare bikes for those without.

**GETTING TO SCHOOL**

We would like to encourage as many children as possible who reside within the local area to avoid using motorised transport during this week. We will have additional facilities for bike storage during this week.

**MUFTI DAY AND GENERAL INFORMATION**

On Friday 19<sup>th</sup> Children may come in sensible Red Mufti for a contribution of £1 towards Sports relief

**'FUN MILE' FOR SPORTS RELIEF.** Pupils are invited to come up with their own inventive way to participate in the mile. Be it the way they choose to dress or the physical way they wish to do it. However, bearing in mind the obvious health and safety restrictions, if your child wishes to do something a little bit out of the ordinary please ask them to confirm this with their PE teacher first. (Please see above for parental / carer participation.

**PE KIT: All children must ensure that they have their PE Kit in school every day this week.**

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**PARENTAL / CARER PARTICIPATION / CONFIRMATION SLIP.** Please complete and return.

Child: \_\_\_\_\_ Form Class: \_\_\_\_\_

I **WORLD LIKE TO Participate** in: (Please Tick)

A Yoga Session - Tuesday  Thursday  - (Acceptance slips will be sent home for this activity.)

The internet Safety Evening  (Adults Only Thursday March 11<sup>th</sup>)

The Knife and Firearms Session

The sports Relief Mile - Spectator  Active Participant

PRINT \_\_\_\_\_

SIGN \_\_\_\_\_ DATE \_\_\_\_\_



**SPORTS  
RELIEF  
SOCKS**

**£2**

From Reception