

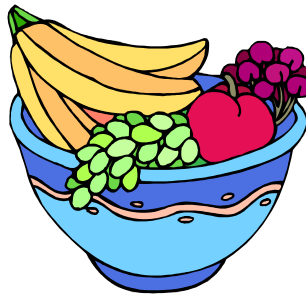
FRUIT CRUMBLE

INGREDIENTS

500g fruit eg. apples/
plums or rhubarb
100g sugar
150g flour
50g oats
75g margarine
75g sugar

UTENSILS

1 saucepan
1 chopping board
1 vegetable knife/
peeler
1 mixing bowl
1 baking tray



REMEMBER bring an ovenproof dish to cook it in.

METHOD

Light the oven Gas mark 4, Electric 350° F, 180° C

1. Prepare the fruit (remember TRAINS and TUNNELS)
2. Place the fruit and 100g sugar in your dish add 3 tbsp water.
Cook in the microwave for 4 minutes.
3. To make the topping; place the flour and margarine in the mixing bowl. Rub the fat into the flour remember NO CRABS.
4. Add the oats and 75g sugar, mix. Pour over the fruit evenly.

Variations ; try Apricot and banana—use 1 tin of apricots
and 2 large bananas
Pear and ginger — peeled and sliced fresh pears mixed with honey and 1
tsp ground ginger

Can you find any other flavours?